## **OPTIONS**



## Resource Workshop Because you need a break too

Join us for an informative workshop on respite care options for children and youth with special needs. Learn about different types of respite, available funding, and how to find and hire support workers. Whether you're a parent, caregiver, or community member, this session will provide practical tools, resources, and guidance to help you take care of yourself while ensuring your loved one receives quality care.



## When & Where

October 7 & November 20

11 a.m. | Virtual, on Zoom

## Registration

The group is free. Register online for your chosen date:

October 7:



bit.ly/RespiteCare\_Oct7

November 20:



bit.ly/RespiteCare\_Nov20