

Fairy Dough



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WHAT MAKES IT MEANINGFUL

This craft will help you connect things you are doing with physical movement and repeated action. This craft requires a lot of mixing and kneading which is very helpful in working on fine motor skills and arm strength. Not to mention that you are also having fun, and are making something that can be used again in the future.

TIME

This activity would take 20 minutes

MATERIALS

- 1 cup of hair conditioner
- 2.5 cups of corn flour or cornstarch
- food coloring
- big bowl
- mixing utensil

INSTRUCTIONS

1. The first step is to measure and pour your 1 cup of hair conditioner into the big bowl.
2. You can then add the corn flour or cornstarch
3. Use your mixing utensil to stir together these two ingredients. At this point you can also add in your food coloring.
4. Once it's fully combined you can tweak the recipe to get the perfect consistency. If it's too wet add more cornstarch, if it's too dry add more conditioner.
5. Once you like the consistency knead for a few minutes.



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SUPPORTS NEEDED

Support may be needed when individuals are first mixing ingredients as well as the kneading portion because that needs to be done for a few minutes.

OTHER THINGS TO NOTE

You can add glitter or other things to the dough to cater to what you want.

RESOURCES

<https://pin.it/31IRfqRyn>