

Pizza Toast



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WHAT MAKES IT MEANINGFUL

The cooking exercise will help you get comfortable with cooking. the recipe will help with understanding the basics of cooking as well as working on hand eye coordination. Not to mention that cooking something from starch can bring on a sense of accomplishment and fulfillment.

TIME

This activity would take 30 minutes.

MATERIALS

- Soft sand which bread
- Prepared pizza sauce
- Shredded mozzarella
- Mini pepperonis
- Baking sheet
- Non-sticking cooking spray

INSTRUCTIONS

1. Start by preheating your oven to 400 degrees Fahrenheit.
2. Spray your baking sheet with the non-stick spray, put down the piece of bread and cook them for 5 minutes to get a little toasted.
3. After that add around a tablespoon of sauce to each slice of bread and sprinkle with $\frac{1}{4}$ cup of shredded cheese, add the mini pepperonis.
4. Put it back in the oven for another 8-10 minutes.



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SUPPORTS NEEDED

Support may be needed when individuals are near the stove since it get really hot and should stay aware and away from the stove

OTHER THINGS TO NOTE

You can put any toppings you want, if you're vegetarian or gluten free the recipe can be modified to work.

RESOURCES

<https://thebakermama.com/recipes/pizza-toast/>