

Group Quilt/Banner

Crafts



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WHAT MAKES IT MEANINGFUL

Group quilt or banner making allows participants to express themselves individually while contributing to a collective project. This activity promotes fine motor skills, planning, creativity, and collaboration. Working together on a shared piece encourages teamwork, communication, and social interaction. The finished quilt or banner serves as a tangible symbol of community, pride, and accomplishment, creating a lasting keepsake that reflects the contributions of all participants.

TIME

- 60–90 minutes per session (may take multiple sessions)

MATERIALS

- Fabric squares, felt, or canvas pieces
- Fabric markers, paint, or crayons
- Glue sticks, fabric glue, or sewing supplies (needles, thread)
- Scissors (safety scissors if needed)
- Ribbons, buttons, or decorative embellishments



Activity Title

INSTRUCTIONS

1. Provide materials at a central table or workstations for small groups.
2. Explain the purpose: to create a collective quilt or banner that represents the group or a theme.
3. Encourage participants to:
 - Decorate individual squares or sections with drawings, patterns, or personal symbols
 - Add embellishments like buttons, ribbons, or stenciled designs
 - Collaborate to assemble squares into the larger quilt or banner
4. Optional: Display the completed quilt or banner in a common area or take photos to commemorate the project.

RESOURCES

- <https://www.simplesimonandco.com/2022/08/how-to-make-a-group-quilt.html/>

SUPPORTS NEEDED

- Assistance with cutting, gluing, or sewing for participants with fine motor challenges
- Guidance in planning layout and assembling pieces
- Step-by-step visual instructions for decorating or connecting sections
- Encouragement and positive reinforcement for creativity and teamwork
- Supervision for safe use of scissors, sewing needles, or other tools

OTHER THINGS TO NOTE

- Can be adapted for small or large groups depending on the project size.
- Themes can be seasonal, celebratory, or reflect group identity or shared experiences.
- Flexibility is key: some participants may focus on decorating, others on assembling or planning.
- Finished quilts or banners serve as keepsakes, gifts, or display pieces to celebrate group achievement.
- Offers an ongoing opportunity for reflection, storytelling, and collaborative pride.