

# Nature Scavenger Hunt

## Outdoor Activities



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### WHAT MAKES IT MEANINGFUL

A nature scavenger hunt encourages participants to explore their surroundings, pay attention to details, and connect with the natural world. This activity promotes observation, problem-solving, and decision-making while supporting physical movement and sensory engagement. Participants can experience a sense of accomplishment as they find items on the list, and sharing discoveries fosters social interaction and group bonding. Collecting or photographing items also creates lasting memories that can be reflected on or used in creative projects.

### TIME

- 30–60 minutes (can vary depending on group size and area)

### MATERIALS

- Scavenger hunt checklist (pictures or words for items to find)
- Clipboards and pencils (optional for recording findings)
- Bags or baskets for collecting natural items (optional)
- Cameras or tablets for photographing items (optional)
- Visual cue cards for participants who need extra guidance
- Magnifying glasses (optional, for exploring details)



# Activity Title

## INSTRUCTIONS

1. Explain the scavenger hunt rules, boundaries, and safety precautions.
2. Provide each participant or group with a checklist or visual guide.
3. Encourage participants to:
  - Look closely at their environment for items on the list
  - Check off or photograph each item as you find it
  - Explore and notice details (colours, shapes, textures)
4. Gather participants afterward to share discoveries and talk about interesting finds.
5. Optional: Use collected items for a creative project, display, or journaling.

## RESOURCES

- <https://www.parents.com/toddlers-preschoolers/everything-kids/outdoor-fun-free-nature-scavenger-hunts-and-treasure-hunt/>

# Activity Title

## SUPPORTS NEEDED

- Assistance with lifting or handling heavier pots or watering cans
- Guidance on planting depth, spacing, or watering
- Visual step-by-step instructions or picture guides
- Encouragement to participate at their own pace
- Safety supervision when using tools

## OTHER THINGS TO NOTE

- Can be adapted for indoor or outdoor spaces.
- Great opportunity to tie in lessons about seasons, plant life cycles, or healthy eating.
- Can be done individually or as a collaborative garden for the whole group.
- Plants can be used later in cooking activities, art projects, or given as gifts.
- Flexibility is key: some participants may prefer planting, others decorating, and others watering or journaling.