



☎ 416.562.5442 ✉ info@themindshiftacademy.ca 📍 475 Rathburn Rd

You're Invited to Parent Connection Circle Night at The MindShift Academy

Join us for a heartfelt and meaningful evening at **The MindShift Academy**, where we'll hold space for parents and caregivers of young adults with **developmental disabilities, dual diagnosis, and a range of cognitive or mental health conditions**. This gathering is designed to give parents a place to share their journey, talk about common challenges, ask questions, and connect with others who truly understand. Our goal is to create a warm, supportive environment where everyone feels heard and supported.

We are also pleased to welcome **Angela Knox**, a **Passport Community Developer** from Central West Specialized Developmental Services. Angela helps families understand and access Passport funding and connects them to community programs and supports. She will be available to offer guidance and answer general questions.

Due to limited space, this will be a small, intimate event to allow for open and meaningful conversation.

Date: November 26, 2025

Time: 7:00pm – 8:00pm

Location: **The MindShift Academy**, 475 Rathburn Rd, Etobicoke, ON

Whether you're navigating transition planning, independence, emotional regulation, or access to services, you're not alone, and we're here to help.

Let's build a community that uplifts, informs, and supports.

✉ **RSVP:** Info@themindshiftacademy.ca

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Spots are limited for our Parent Connection Circle at The MindShift Academy and will be offered on a first come, first served basis, please RSVP as soon as possible to save your seat.