



## Resource Workshop

# Because you need a break too

Join us for an informative workshop on respite care options for children and youth with special needs. Learn about different types of respite, available funding, and how to find and hire support workers. Whether you're a parent, caregiver, or community member, this session will provide practical tools, resources, and guidance to help you take care of yourself while ensuring your loved one receives quality care.



### When & Where

**Feb 24, April 14, May 26, 2026**

11 a.m. | Virtual, on Zoom

### Registration

The group is free. Register online for your chosen date:

**February 24**

[bit.ly/RespiteCare\\_Feb 24](https://bit.ly/RespiteCare_Feb24)



**April 14**

[bit.ly/RespiteCare\\_April14](https://bit.ly/RespiteCare_April14)



**May 26**

[bit.ly/RespiteCare\\_May26](https://bit.ly/RespiteCare_May26)

