



Meta Centre

Internet Safety



Contact: Elisa Fronczak
Community Development and
Inclusion Lead

What You'll Learn:



Privacy & Personal Information

What NOT to share online



Staying Safe on Social Media

Understand online boundaries and consent



Cybervictimization

How to respond safely



Recognizing Scams and Suspicious Messages

Learn how to spot suspicious emails, texts, and links.

Program Details:



The group runs every
**Tuesday August 11th
2026 to the
Tuesday September
29th 2026**



10:00am-12:00pm

Fee \$120



**401 Champagne
Drive,
North York M3J
2C6
(Training Room)**

**Register by
email or phone**

This program is designed for individuals who can participate independently without staff or caregiver support.

Please contact us to discuss individual learning supports and accessibility.

 **(416) 736-0199 ex. 322**

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