



COMMUNICATING FOR FUN: PRESCHOOLER

Parent and Child activities to Promote better Speech and Language and Hearing

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Stand in front of a mirror with your child.</p> <p>Talk to your child about what is different (or the same) about you.</p> <p>Say, "Who do you think is taller? What colour is our hair? How many toes do we have?"</p> 	<p>Have your child lay down on a large piece of paper.</p> <p>Trace around your child.</p> <p>Let your child draw his or her face and clothing onto their body picture. Talk with your child about the colour of his clothes, hair, eyes, and skin.</p>	<p>Go for a walk with your child.</p> <p>Collect a rock for each member of the family. Try to find a different size for each person.</p> <p>Using paint or markers decorate your rocks.</p> <p>Talk about the rocks you are decorating with your child.</p> 	<p>Play house with some dolls.</p> <p>Ask your child, "Who will be the daddy? Where is the mommy? Is there going to be a baby?"</p> <p>Have your child go through his morning or day with his dolls. (Have breakfast, take a bath, etc.)</p>	<p>Recite this family fingerplay with your child:</p> <p><i>"This is a family (hold up a hand) Lets's count them and see, How many there are. And who they can be."</i> (count fingers)</p> <p>Encourage your child to do the actions and count with you.</p>	<p>Get out photo albums. Sit with your child and look at pictures. Talk about what people are in the pictures.</p>
					SUNDAY
					<p>Plan a special family dinner. Let each person pick a favourite food to have for the feast.</p> <p>Eat by candlelight.</p>

KEY WORDS

MOM, DAD, SISTER, BROTHER

Repeat these words often during the week and give your child the opportunity to hear and say them.



Mom



Dad



Sister



Brother

For more information on how to use the Communication Calendars have a look at the tip sheet: [Communicating for Fun](#)