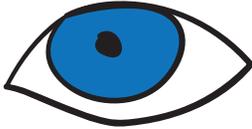
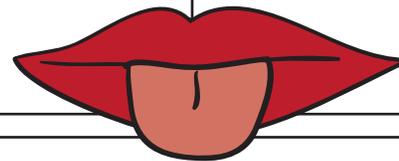
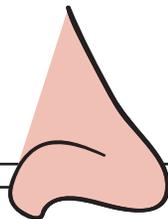


COMMUNICATING FOR FUN: PRESCHOOLER

Parent and Child activities to Promote better Speech and Language and Hearing

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Go through old magazines or flyers with your child. Have your child cut out pictures of food. Make a collage with the pictures.</p> <p>Talk to your child about their choices of food and healthy foods to eat.</p> <p>Choose a picture of something you need to buy this week., set it aside.</p>	<p>When grocery shopping, take the picture of the food item you need to buy.</p> <p>Ask your child to find the food in the store.</p> <p>Encourage you child to use words to describe the food item (“Round, long, red, etc.”)</p>	<p>With your child point to and have them name their eyes, ears, nose, mouth and hands.</p>  <p>Play “I Spy with My Little Eye” using their different body parts.</p> <p>Say, “I spy with my little eye, something you can smell with.”</p>	<p>Make a ‘feely can.’ (An empty coffee tin works well.)</p> <p>Put a favourite fruit in the can. Have your child feel the fruit (without looking), describe it, and try to guess what it is.</p> <p>Taste the fruit after you are done.</p> <p>“Is the food sweet or sour?”</p>	<p>Take the spices out of your cupboard.</p> <p>Have your child smell each one and tell you if they like the smell or not. Say, “Does this one smell good or bad, do you think you would want to eat it with something?”</p> <p>Taste some of the spices.</p>	<p>Get out some musical instruments (or pots and spoons). Have your child listen closely while they play loudly then softly. Make rhythms and sound patterns.</p>
					SUNDAY
					<p>Read “Hungry, Hungry Caterpillar” Talk with your child about all the different foods the caterpillar ate.</p>



KEY WORDS

SMELL, HEAR, SEE, FEEL, TASTE

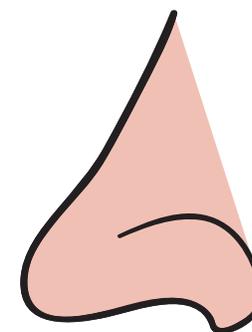
Repeat these words often during the week and give your child the opportunity to hear and say them.



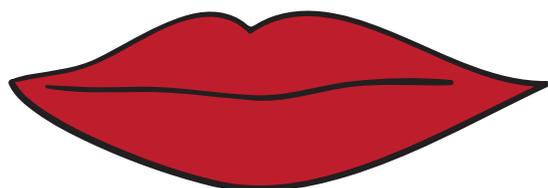
See



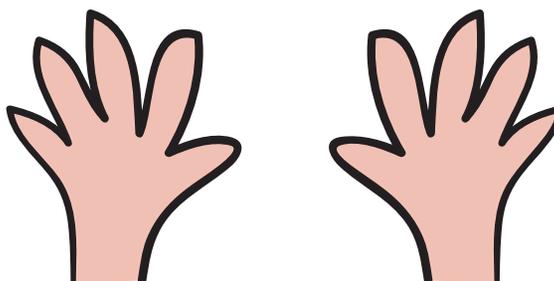
Hear



Smell



Taste



Feel

For more information on how to use the Communication Calendars have a look at the tip sheet: [Communicating for Fun](#)