



Community Living Toronto | Surrey Place Centre | Community Living Wkwemikong Anishinaabek

TIP SHEET

Biiskan Biiskawaagan

Aabdeg binoojiinh wii naadmawaa miinwaa wii kinoomawaa waanji maajtaad naadmaadsad, biiskang biiskawaagan.

Bangii gakinoomawaa, wiigshkitoon gweta minik.

Ka shinoomawaa miinwaa kawaabmdaa geshi chiged.

Mzinchigaansag kanagkaaznag wii waabndang ezhnaagog biiskawaagan.

1. Aabdeg weweni danaagod wi mzinigaans ekeg biinjiing kwegnang aawang wi biiskawaagan wii waabmdang iinjhiing nikeying aawang.

Mzinaadeg miinwaa mzinbiigadeg ezhsing wa ni shichiged wii biiskang wi biiskawaagan.

Mnendaagozi binoojiinh kinoomawin wa shichiged wii biiskang biiskawaagan.

Giishpin gshkitoosig wii waagjiitaad maage gshkitoosig wii nmaadbit mchisaag debsaak doopwin kanakaazan ji wii debkoozid.



2. Ge zhiyaaminaagog egaaching mzinigaans da chigade zaam znagag wiiwaamjigadeg biinji biiskawaagan.



3. Naaniibwi dash binoojiinh aangnawaabdan wi biiskawaagan .



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4. Waagjiigaabwi biinjnikenid shi wi nikan temgag biibiiskawaaganing. Ka naadmoowaa dash wiigwa gwek ji shising niwi nikan biiskawaagning etegin.



5. Aaboojwebnan! Binoojiinh gwek biinjnikeyni biiskang biiskawaagan pii baashjiwebnangnchiang.



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6. Bgijwebnan! Ishpiming di zhwebnaanan nikan nakaazad baashjiwebnang ndibang biiskang wi biiskawaagan.



Miidash ni biiskang wi biiskawaagan bakwanaang. Aabdeg dash kanadmoowaa ji niisbidoon wi biiskawaagan.

Mii maandaa ntam waashi chiged binoojiinh wii gshkitood wiibiiskang biiskawaagan.

Gii ni ngadendang dash maandaa chiged maanoo geyii dagjitoon nchike ji biiskang biiskawaagan.