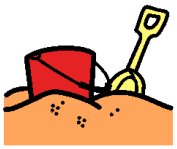
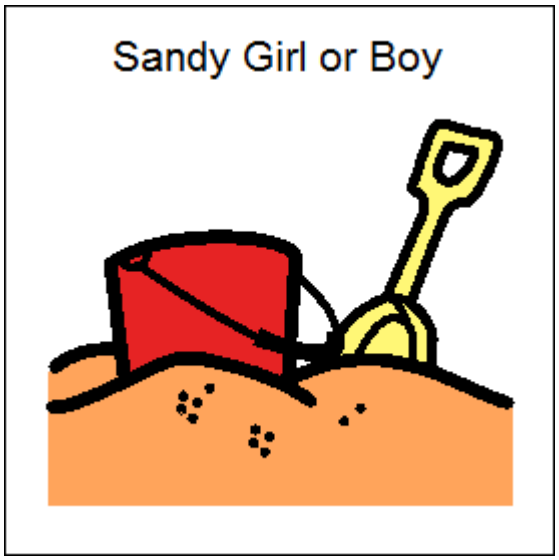
SANDY GIRL OR BOY

There sits (Sandy Girl) sitting by the shore
Crying, crying, till her eyes are sore
Stand-up (child's name) and wipe those tears away
Choose the one you like the best
And then go out and play
La, La, La, La, La, La, La, La, La (x2)

(Child chooses a partner and they dance in the middle of the circle, while the other children "La" the verse)