

General Programming Strategies for a Child with Autism/P.D.D.

When Interacting with a Child:

- 1. Sit at the child's eye level.
- 2. Touch the child on the arm occasionally to refocus their attention.
- 3. Say the child's name, occasionally, throughout the task.
- 4. Use 2-3 word sentences and focus on task-related or important words. i.e. "Ahmed, roll ball."
- 5. Continue to comment, label the child's activities (and those of the other children around him/her.)
- 6. Be positive. Emphasize the child's strengths and reinforce all of his/her efforts. i.e. "Gevon, great puzzle making."
- 7. Reinforce the child's communication be repeating what he/she says and then expand on it.

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i.e. child: "cah go"
adult: "car go"
adult: "red car go"
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- 8. When your child consistently repeats what you say (parrots / mimics,) this is called "echolalic speech," or "echolalia."
 - i.e. adult: "Do you want more juice?" child: "Do you want more juice?"
 - a) Use simple phrases which sound appropriate when repeated.

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i.e. adult: "Want juice?" child: "Want juice."
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- b) Ignore delayed echolalia.
- 9. Exaggerate your facial expressions (wide eyes, raise eyebrows.)
- 10. Use body cues (pointing, hand motions.)
- 11. Use objects or pictures when they are available.
- 12. Have fun.