

Participant Application

HERE: a 6-session BIPoC, Expressive Arts Group / One Monday a month from 4-6 PM

HERE is a multi-interest arts group for Black, indigenous and People of colour who live with Disabilities and dual diagnosis. At Here’s monthly meetings people will have a chance to explore the way they, act, care and see the world they live in. Here will offer an anti-violent art space, where people can look at the impact of their identity(s) through visual art and music. Here offers a safe space to talk about self-awareness, healing, wellness and what that means for us as individuals and as a community.

We will explore ways of seeing, caring about and being in the world. It is guided by a commitment to human rights and justice and an understanding of power and inequity in social, political and economic systems, relations and values.

Therapist Facilitators:

Virginia Jahyu (she/her), is a second-generation East Asian settler, born and raised in Toronto. She works as an Expressive Arts Therapist at the Trauma to Trust Clinic where she uses creative arts for positive change and transformation.

Ayodele Moffett, (she/her) was born and raised in Toronto, and her parents are first generation Canadians from Guyana (South America). Ayodele works as a Behavioural Therapist with Vita Community Living Services.

Fill out and send application to April Whynott at awhynott@vitacls.org with subject line: “HERE participant application”.

Please note that we will only be considering applications from BIPoC (Black, Indigenous, People of Colour) who live with disabilities and/or dual diagnosis.

Name: _____ Agency: _____

Pronouns: they/them she/her he/him or write in: _____

Email: _____

Phone Number: _____

If we must phone you, is it okay to leave a message? _____ YES _____ NO

1. Tell us about yourself and how you identify (ethnicity).

2. Why are you interested in participating in HERE?

3. How did you learn about HERE?

4. HERE will take place once a month, on a Monday from 4-6pm. Will you be available to join us? _____ Yes _____ No

7. Please share any accessibility needs you have:

If you would like a referral form for 1-on-1 sessions in Expressive Arts Therapy or services in Behavioural Therapy, please check here: _____