

## Transitioning to Adulthood - Quick links

### **Becoming an adult: Transition planning for youth with a developmental disability**

Where to begin? Use our timeline to learn more about each step of the transition to adulthood. <https://connectability.ca/2018/04/25/becoming-an-adult-transition-planning-for-youth-with-a-developmental-disability/>

### **Planning for Life After School**

Content around the transition from school to adult life. <http://connectability.ca/2010/10/01/planning-for-life-after-school-2/>

### **Steps to Independence**

A holistic tool that identifies current skills, determines skill areas for improvement (where more learning can happen) and next steps to focus on.

<http://connectability.ca/2014/06/24/steps-to-independence-2/>

### **Money Matters**

Articles tip sheets, audio visual workshops, interactive games and tools all about financial literacy.

<http://connectability.ca/2011/11/08/budgeting/>

### **Financial and Legal Issues**

Whether it is RDSP, ODSP, Power of Attorneys, financial trusteeship there are things that parents need to be aware of and take action to ensure the financial security of their family member into the future.

<http://connectability.ca/2014/12/09/financial-and-legal-issues-2/>

### **Person Directed Planning**

Articles and tools to help in the Person Directed Planning Process.

<http://connectability.ca/2012/08/13/pdp-planning/>

### **Person Directed Planning Resources**

A directory of resources and activities available in Toronto listed alphabetically.

<http://www.pdpresources.blogspot.ca/>

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## **Community Participation Supports**

Articles, directories, tools, videos about Community Participation Supports, Passport funding and Fee For Service Programs. <http://connectability.ca/2012/10/15/community-participation-supports/>

## **Fee For Service Directory**

This directory contains Community Participation Support, Caregiver Respite and Person-Directed Planning Support listings for transitional age youth and adults that may be purchased using Ministry of Community and Social Services “Passport” funding or personal funds.

<http://connectability.ca/directory/>

## **Employment Transitions and Developmental Services**

Employment strategies for a job seeker who has an intellectual disability. Topics include: Youth and transitional employment strategies Job search strategies ODSP Employment Supports What do employers want to see from you.

<http://connectability.ca/2015/03/09/employment-transitions-and-the-developmental-services/>

## **Cell phone as a safety Device**

A collection of articles and tools to help keep you safe while supporting more independence in the community.

<http://connectability.ca/2010/09/28/cell-phone-and-internet-safety/>

## **Online safety and social media**

A collection of articles, videos and audio visual workshops with tips for Online Safety and ways to make better use of online tools.

<http://connectability.ca/2014/01/29/online-safety-and-social-media/>

## **DSO Application Process**

An audio visual workshop by DSO Toronto staff detailing the application process all adults must go through in order to access government funded supports.

<http://connectability.ca/2013/10/08/dso-application-process/>

## **Resource Directories**

A page of links to all resource directories available on ConnectABILITY.ca

<http://connectability.ca/resource-directories/>

## **Connected Families**

An online discussion area for you to connect with others within ConnectABILITY.ca

<http://connectability.ca/connected-families/>