
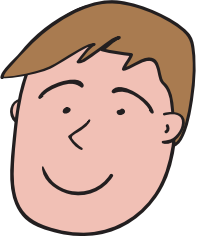



## COMMUNICATING FOR FUN: PRESCHOOLER

Parent and Child activities to Promote better Speech and Language and Hearing

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Sing <i>"If You're Happy and You Know It"</i>.</p> <p>Pick different emotions and actions for the song and sing together.</p> <p><i>("If you're mad and you know it, say, 'I'm angry'.")</i></p> 	<p>Make faces with your child.</p> <p>Make a mad face and have your child imitate you.</p> <p>Say: <i>"This is a mad face. Can you make a mad face too?"</i></p> <p>Try this with happy, sad, scared, surprised, and any more that you can think of.</p>	<p>Read your favourite stories together.</p>  <p>Name an emotion and have your child point to it on the pages of the book.</p> <p>Cut out faces from magazines and make a collage of different emotions that you see.</p>	<p><b>LAUGHING DAY</b></p> <p>Tell a funny joke, tickle your child, or just laugh together.</p> <p>Try laughing in front of a window and see how fogged up it will get.</p> <p>Watch TV and look for people who are laughing.</p> 	<p>Draw faces on your child's fingers with different emotions, have your child name each emotion.</p> <p>Draw faces on your own fingers and play finger puppets.</p> <p>Say: <i>"I'm feeling scared today. What do you think I should do?"</i> Go through the different emotions.</p>	<p>Stand in front of a mirror and have your child name an emotion. Make your faces match the emotion.</p>
					SUNDAY
					<p>Ask your child how they feel today and why. Talk about your feelings together. Be expressive, act out how you feel with actions.</p>

### KEY WORDS

## FEELINGS, ANGRY, SURPRISED

Repeat these words often during the week and give your child the opportunity to hear and say them.

 <p>Feelings</p>	 <p>Angry</p>	 <p>Surprised</p>
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**For more information** on how to use the Communication Calendars have a look at the tip sheet: [Communicating for Fun](#)