**COMMUNICATING FOR FUN: PRESCHOOLER**

**Parent and Child activities to Promote better Speech and Language and Hearing**

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<th>MONDAY</th>
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| Sing “If You're Happy and You Know It”.  
Pick different emotions and actions for the song and sing together.  
("If you’re mad and you know it, say, 'I’m angry'.") | Make faces with your child.  
Make a mad face and have your child imitate you.  
Say: “This is a mad face. Can you make a mad face too?”  
Try this with happy, sad, scared, surprised, and any more that you can think of. | Read your favourite stories together.  
Name an emotion and have your child point to it on the pages of the book.  
Cut out faces from magazines and make a collage of different emotions that you see. | **LAUGHING DAY**  
Tell a funny joke, tickle your child, or just laugh together.  
Try laughing in front of a window and see how fogged up it will get.  
Watch TV and look for people who are laughing. | Draw faces on your child’s fingers with different emotions, have your child name each emotion.  
Draw faces on your own fingers and play finger puppets.  
Say: “I’m feeling scared today. What do you think I should do?” Go through the different emotions. | Stand in front of a mirror and have your child name an emotion. Make your faces match the emotion.  
**SUNDAY**  
Ask your child how they feel today and why. Talk about your feelings together. Be expressive, act out how you feel with actions. |

**KEY WORDS**

**FEELINGS, ANGRY, SURPRISED**

Repeat these words often during the week and give your child the opportunity to hear and say them.

**Created in partnership with Ontario Association for Families of Children with Communication Disorders and Community Living Tillsonburg.**
Feelings  Angry  Surprised

For more information on how to use the Communication Calendars have a look at the tip sheet: Communicating for Fun

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